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An Outline of Daily Prayer



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OUTLINE OF DAILY PRAYER FOR A WEEK

BASED ON THE LORD'S PRAYER

Which should be said slowly and thoughtfully
at the close of each day's prayers

NOTE: Individuals, rulers, clergy, parents, friends, and others, should be remembered by name when possible, wherever the words suggest their duties or their needs. Room is left in each day's prayers for names to be inserted under the heading "Especially."

NOTE CAREFULLY

These lines of prayer and praise are meant to be read slowly and thoughtfully, with pauses and recollections, and with remembrance of others where it should be made.

Sunday

I laid me down and slept and rose up again for the
Lord sustained me: Thanks be to God.

My soul, wait thou still upon God, for my trust is
in Him.

Our Father Which art in Heaven.

In whom we live and move and have our being:
May I show by my life that God is my Father.
Behold what manner of love the Father hath
bestowed on us that we should be called the children
of God.

For Home, for loved ones, for clothes, for food, for
health and for laughter:

Thanks be to God.

Hallowed be Thy Name.

May I, my dear ones, my friends, show Thy praise
both with our lips and in our lives.

Keep our lips that we do not dishonour Thee by
careless, profane or impure language.

Help me to read Thy Word with care and to worship
Thee with reverence.

Our Father may my small world not mould me to-day
but may I through the Bread of Life received in
Thy Holy Sacrament be strong enough to mould
my world.

That it may please Thee to bless Thy Church,
Bishops, Clergy and people that through their life
and witness and worship

The faithful may find salvation, and the careless
be awakened:

The doubting may find faith and the anxious find
hope,

The tempted may find help and the sorrowful
comfort,

The weary find strength and the strong renewal,
The aged find consolation and the young inspiration,
And Thy peace be upon us all.

On going to Holy Communion:

As watchmen wait for the morning, so do we
wait for Thee, O Christ, come to us with the dawn-
ing of the day and make Thyself known to us in
the breaking of the bread for Thou art our God for
ever and ever.

For Jesus Christ's sake—Amen.

Especially.....

Monday

What shall I give unto the Lord, for His mercies
are new every morning!

Grant, O Lord, this day to keep me without sin.

Set a Watch, O Lord, before my mouth, and keep
the door of my lips.

Grant that I and those dear to me may love Thee
with all our hearts, minds, souls and strength.

*Thy Kingdom Come
in earth as it is in Heaven.*

O Lamb of God slain before the world was made,
may the power and glory of Thy love be known and
bring joy to the ends of the earth.

For the light of the everlasting Gospel shining so
long among us, sent to every nation and tongue and
people, we thank Thee, O Lord.

Vouchsafe O God to reign in my heart and let not
sin ever rule over me. Make me humble, unselfish,
loving and pure, and take from me all that is not
pleasing in Thy sight.

May the Kingdoms of this world become Thine, may
the rulers of the nations own Thee as Lord.

May Thy Church everywhere—and especially here
in this Diocese and Parish—strive not for its own
safety, but for Thy Kingdom and the world's
salvation.

Bless all who work to spread Thy Gospel at home
and overseas, and help all men everywhere to
receive the Gospel to their everlasting salvation.

Grant that we who have so many privileges may
pray, work and give to spread Thy Kingdom.

May the old dream dreams
May the young see visions
May we put self aside
May we be pure in heart
And seek the truth of God:

May one Church, with love recovered in her midst,
teach all men to love each other, till all nations
dwell together in helpfulness and friendship.

Give peace in our time, O Lord; kindle in the hearts
of all men the true love of peace, through Jesus
Christ our Lord.

Hasten the time when all shall be obedient to Thee
and Thy Kingdom be established.

O Saviour of the world Why by Thy Cross and
precious Blood hast redeemed us, save us and help
us, we humbly beseech Thee, O Lord.

THE LORD'S PRAYER.

Especially.....

Tuesday

O God Thou art my God; early will I seek Thee.
Thy loving kindness is better than life itself.

Teach me Thy way O Lord, and I will walk in Thy
truth, knit my heart unto Thee that I may fear
Thy Name.

O King of Men, Master of our lives, come into
every realm of life

Consecrate our homes
Cleanse our politics,
Rule the affairs of nations,
Hallow our daily work,
Give us eternal life.

For the sunshine, the mystery and surprise of the
world, for Thy wisdom and beauty revealed in it,
for the love of friends which sweetens it and makes
it richer: I thank Thee.

*Thy Will be done
in earth as it is in Heaven.*

Give me eyes to see, and a heart to love, and power
to do Thy Will.

It is Thine, O my God to will, it is mine to obey.
Save me from shrinking at responsibility, from fear-
ing adventure and new ways of life.
Teach me to do Thy Will for Thou art my God.

Thy Word is a lantern unto my feet and a light unto
my path.

Teach me to love Truth and Beauty, save me from
fear, from pride, from being vulgar, unclean or lazy.
May all who teach and all who learn set Thy holy
will ever before them.

Help every boy and girl to find that place in life
where Thou dost wish them to serve.

Grant faith, wisdom and love to all parents, and
willingness to learn to trust and to obey to all
children.

Help us to forsake that love of party which keeps
us from loving one another. Make men tender,
women brave and youth wise.

Help us to serve Thee as Thou deservest, to give and
not to count the cost, to labour and not to ask any
reward save that of knowing that we do Thy will.

O God for as much as without Thee we are not able
to please Thee, grant, to all men everywhere this
day, that Thy Holy Spirit may direct and rule their
hearts, through Jesus Christ our Lord.

THE LORD'S PRAYER.

Especially.....

Wednesday

Praise the Lord O my Soul, and all that is within
praise His Holy name. Who forgiveth all our sin
and healeth all our sicknesses.

O God my heart is ready, I will sing and give praise.
For knowledge of Thy laws, for power to subdue the
earth and replenish it, thanks be to God.

Give us this day our daily bread.

Grant to me, my dear ones and my friends to gain
our daily bread by honest work; help us to give our
best in service.

Thou knowest our needs—give us all we need for
soul and body; above all help us to desire the
heavenly bread that giveth eternal life, remembering
that we live not by bread of earth alone.

Save us from worldliness, from intemperance or
greed or self indulgence, save us from contempt of
others, from the love of money, and make us
generous.

Help us to share with all who need, help us to care
and to work that all may have good homes, good
clothing and good food, and opportunity to work
and to serve.

Help us to trust, not to worry, and save us all from
gambling and dishonesty.

Grant peace and fellowship in the world of industry

For men who face peril, for women who suffer pain,
For those who work on the land, in mines, in
factories,

For those who keep house, for those who train
children,

For those who have no work, for those who do not
want to work,

For those who have no leisure, for those who have
no home,

We ask Thy help and blessing, O Lord,
through Jesus Christ—Amen.

THE LORD'S PRAYER.

Especially.....

Thursday

Bless the Lord O my soul and forget not all His
benefits.

As far as the East is from the West, so far hath
He set our sins from us.

With my whole heart would I seek Thee: O let me
not go wrong out of Thy Commandments.

*And forgive us our trespasses,
As we forgive them that trespass against us.*

I thank God that where sin abounded, through Jesus
Christ grace did much more abound.
If I say I have no sin I deceive myself.

I conceal nothing, I excuse nothing, I give Thee
glory Lord this day. I have sinned against Thee and
thus and thus have I done.

Cleanse Thou me from secret faults, save me from
the sins of pride, and let not selfishness rule over me.

Say unto my soul, I am thy salvation.

Save all who are worldly or indifferent, awaken them
to Thy Presence and to penitence and forgiveness.

Give me a heart ever ready to forgive, make me
kindly towards others, and patient.

Help me to pray for others in a spirit of love and
real desire. Save me from judging others, help me
to see the beauty in other lives, help me to return
good for evil and the soft answer that turns away
wrath.

I beseech Thee for all that are enemies to me, my
dear ones, my country, not for judgment or ven-
geance, but for mercy, for forgiveness, for mutual
understanding, and their eternal salvation.

Thanks be to Thee O Lord Jesus Christ,
For all the benefits Thou has won for us (for me),
And all the pains and insults Thou didst bear for us,
O most merciful Redeemer,
Friend and Brother,
May I see Thee more clearly;
Love Thee more dearly,
And follow Thee more nearly,
Now and for ever.—Amen.

THE LORD'S PRAYER.

Especially.....

Friday

I call with my whole heart: hear me, O Lord.
Early in the morning do I cry unto Thee, for in
Thy word is my trust.

It is a good thing to give thanks unto the Lord and
to sing praises unto Thy Name O most Highest.

He loved me and gave Himself for me.

O Blessed Jesus, Who on this day didst hang upon
the Cross, stretching forth Thy loving arms; grant
that all mankind may look unto Thee and be saved,
for Thy Name's sake.—Amen.

*Lead us not into temptation
but deliver us from evil.*

That it may please Thee to strengthen such as do
stand, to comfort and help the weak hearted, to
raise up them that fall, to save the prisoners and
outcasts, and finally to beat down Satan under
our feet.

Let me not trust in myself lest I fall.

Teach me to watch and pray lest I enter into
temptation.

Show Thou me the way that I should walk in, for
I lift up my soul unto Thee.

In all time of trial, in all time of wealth, in the
hour of death and in the day of judgment:
Good Lord deliver me.

Teach me to be thankful in all things.
To look beyond the things of earth to God—in every-
thing giving thanks that in nothing may I be
tempted to forget Thee.

Lord give me grace to withstand the temptations of
the world, the flesh and the devil and with a pure
heart to follow Thee the only God through Jesus
Christ our Lord.

Worthy is the Lamb that was slain and hath
redeemed us to God by His blood, to receive power,
and riches and wisdom and strength and honour
and glory and blessing.

Now unto Him that is able to keep us from falling
and to present us faultless before the presence of
His glory with exceeding joy; to the only God our
Saviour, through Jesus Christ, be glory and majesty
now and for ever.—Amen.

THE LORD'S PRAYER.

Especially

Saturday

Unto the King Eternal, immortal, invisible, the
only wise God, be honour and glory for ever and
ever.

I believe . . . (Apostles Creed)

*For Thine is the Kingdom, the Power and the Glory
For ever and ever.*

For Thy Church we praise Thee,
For the spreading abroad of the faith in Christ,
we praise Thee.
For the beauty of sunshine, for rain, for friends, for
health, for laughter, we praise Thee.
Because that through Jesus Christ Thou didst over-
come death and open the Kingdom of Heaven
to all believers, we praise Thee.

For the bereaved and sorrowful
For the lonely and suffering
For the sleepless and the sick,

We beseech Thee, O Lord.

For doctors and nurses
For pastors and priests
For all ministries of healing,

We ask Thy blessing O Lord.

For the faithful departed
That they may have light, refreshment
and peace.

Grant to me courage and a faith that never tires.
Father into Thy hands I commend my Spirit.
Glory be to the Father and to the Son and to the
Holy Ghost,
As it was in the beginning is now and ever shall be
World without end.—Amen.

THE LORD'S PRAYER.

Especially.....

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