

THE DAILY SERVICES

Draft, April, 1976

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PREFACE

These services are a draft prepared for the Liturgical Commission of the Church of England in Australia in response to a resolution of the full meeting of the Commission at its January, 1976, meeting, 'That the basic form (sc. of the Daily Services), including the form of Night Prayer at the End of the Day and some simple instructions for the shortening of SSR services for Morning and Evening Prayer, be incorporated in the proposed Book.'

The Executive of the Commission, meeting on February 26/27, 1976, accepted the editor's recommendations for further amending the text presented in January and instructed him to draft directions in case the Sunday Services in this section were preferred to Morning and Evening Prayer for public worship to indicate the changes needed for satisfactory parish Sunday worship.

The first draft of these services was distributed in duplicated form in 1970; this is the fifth successive draft.

This draft may be used in accordance with the provisions of Section 4 of The Constitution.

Comments, criticisms, and suggestions will be welcomed by the co-ordinator of the Prayer Book project, the Rt Revd David Garnsey, 33 Dutton Street, Dickson, ACT, 2602.

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'And all Priests and Deacons are to say daily the Morning and Evening Prayer either privately or openly, not being let by sickness, or some other urgent cause. And the Curate that ministereth in every Parish-church or Chapel, being at home, and not being otherwise reasonably hindered, shall say the same in the Parish-Church or Chapel where he ministereth, and shall cause a bell to be tolled thereunto a convenient time before he begin, that the people may come to hear God's Word, and pray with him (*Concerning the Service of the Church*, from the 1662 *Book of Common Prayer*).

The forms for Morning and Evening Prayer in *Sunday Services Revised* may be used on weekdays, or the following forms may be used.

If the SSR forms are used, on weekdays they may begin at the first Lord's Prayer and close with the third collect and the grace.

If the following forms are used in *the public service on Sundays*, the Apostles' Creed must be used in the morning, and the statutory prayers (see §§18, 19 and 17, 18 on pages 13-16 and 23-26 of SSR) said at the intercessions.

For *family prayers*, selections from the materials in the following forms may prove helpful. For example, the introductory sentence and/or the opening hymn or psalm, a reading, and the canticle may be followed by the Lord's Prayer and other prayers. Selections should be made according to the needs of the particular family.

Hymns may be used where desired.

* indicates that the section so marked may be omitted, as may words in square brackets.

When using these services *privately*, it is recommended that the ending to the readings, the lesser litany, and the responses before the blessing be omitted.

Silences may be observed after each psalm-portion and after the readings as directed; or a single silence may be observed at a point appropriate to the congregation and occasion.

Shortened forms. It is permissible to use only one psalm-portion at each service. Where this is done regularly, care should be taken that each psalm-portion provided is used every other time the psalm-cycle is repeated. When only one service is used each day, it is recommended that the morning and evening sentences, opening psalms or hymns, and canticles be read week and week about; see also the note with the lectionary.



The *Introductory Sentence* may be read either as a sentence or as a versicle (v/) and response (r/). A seasonal sentence may be read either before or in place of the introductory sentence printed.

In the evening, at §3, a period of silence for self-examination may precede this confession
Almighty God, our heavenly Father,
we have sinned against you
in thought, and word, and deed,
and in what we have left undone.
Have mercy on us,
forgive us all this is past,
and grant that we may serve you,
living a new life to your glory;
through Jesus Christ our Lord. Amen.

To this, the minister may add this Word of Assurance

If anyone sins, we have an Advocate with the Father, Jesus Christ the righteous: and he is the perfect offering for our sins, and not for ours only but also for the sins of the whole world. (1 John 2.1,2)
or the priest may add the *absolution* from SSR, page 19.

A *silence* is recommended after each psalm-portion and the readings, to respond to the psalmists' invitation to prayer, and to ponder God's word with thankfulness.

During Advent, the traditional collect for Advent Sunday (page 45) may be used at §4 in the morning, and that for Epiphany 6 (see page 45) at §5 in the evening.

During Lent, the traditional collect for Ash Wednesday (see page 45) may be used at §4 in the morning, and that for Trinity 12 (see page 45) at §5 in the evening.

The prayer provided for use in Eastertide at this point in the services may be used throughout the year if desired.

After the Readings, the reader may say
This is the Word of the Lord.
and the congregation respond
Thanks be to God.

Or the reader may say
May your Word live in us.
and the congregation respond
And bear much fruit to your glory.

SUNDAY MORNING

1 The minister reads this *Sentence*

v/ This is the day which the Lord has made,
r/ we will rejoice and be glad in it.

(*Psalm 118.34*)

2 Then *Psalm 95* is said or sung

O come, let us sing out to the Lord:
let us shout in triumph to the rock of our salvation.
Let us come before his face with thanksgiving:
and cry out to him joyfully with psalms.
For the Lord is a great God:
and a great king above all gods.
In his hand are the depths of the earth:
and the peaks of the mountains are his also.
The sea is his and he made it:
his hands moulded dry land.
Come, let us worship and bow down:
and kneel before the Lord our maker.
For he himself is our God:
we are the people of his pasture and the sheep of his hand.
Today if only you would hear his voice — 'Do not harden your hearts as at
Dispute:
as on that day at Testing in the wilderness;
'When your fathers tested me:
put me to the proof, though they had seen my works.
'Forty years long I loathed this generation and said:
'It is a people who err in their hearts, for they do not know my ways'';
'Of them I swore in my wrath:
they shall not enter my rest.'
Glory to God; Father, Son, and Holy Spirit:
as in the beginning, so now, and for ever. Amen.

3 One or two *Psalms* or psalm-portions are said or sung, and a silence observed after each.

*4 This *prayer* may be said here or after the Intercessions at §9.

Let us pray.
Lord, we thank you for the rest you give us in sleep, for your holy Word, and for the communion of your church; may your Word live in us and bear much fruit to your glory and the salvation of our fellow-men; through Jesus Christ your Son our Lord. *Amen.*

or, in Eastertide

Lord God, whose blessed Son rose in triumph and set us free: grant us the fulness of spiritual gifts he promised us, that through the Holy Spirit our hearts may possess him whom our eyes cannot see, the same Jesus Christ our Lord. *Amen.*

5 Two Readings from the Bible are read.

A silence is kept after the readings.

6 The *Canticle*, The Song of Zechariah at the naming of John the Baptist (Luke 1.68-79)
is said or sung

Blessed be the Lord the God of Israel:

for he has come to his people and set them free.

He has raised up for us a mighty saviour:

born of the house of his servant David.

Through his holy prophets he promised of old:

that he would save us from our enemies, from the hand of all who
hate us.

He promised to show mercy to our fathers:

and to remember his holy covenant.

This was the oath he swore to our father Abraham:

to set us free from the hand of our enemies,

Free to worship him without fear:

holy and righteous in his sight all the days of our life.

You my child shall be called the prophet of the Most High:

for you will go before the Lord to prepare his way,

To give his people knowledge of salvation:

by the forgiveness of all their sins.

In the tender compassion of our God:

the dawn from on high shall break upon us,

To shine on those who dwell in darkness and the shadow of death:

and to guide our feet into the way of peace.

Glory to God; Father, Son, and Holy Spirit:

as in the beginning, so now, and for ever. Amen.

*7 The *Apostles' Creed* (page 46) may be said.

8 The *Prayers*

[Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.]

Then are said the *Lord's Prayer* (page 46)

the *Collect* for the day.

and this *Morning Collect*

Eternal God and Father, by whose power we are created and by whose love
we are redeemed: guide and strengthen us by your Spirit, that we may give
ourselves to your service, and live this day in love to one another and to you;
through Jesus Christ your Son our Lord. *Amen.*

*9 *Intercessions and Thanksgivings* may be made according to local custom and need; or
the prayers on page 41 may be used.

They are followed by the prayer at §4 if it has not already been used there.

10 The minister says

[The Lord be with you.

And also with you.

Let us praise the Lord.

Thanks be to God.]

The grace of the Lord Jesus Christ and the love of God and the fellowship of
the Holy Spirit be with us all. Amen.

(2 Corinthians 13.14)

SUNDAY EVENING

1 The minister reads this *Sentence*

v/ Grace, mercy, and peace,

r/ from God our Father and Jesus Christ our Lord.

2 Then *Psalm 134* is said or sung

Come bless the Lord, all you servants of the Lord:
you who by night stand in the house of our God.
Lift up your hands towards the holy place:
and bless the Lord.

May the Lord bless you from Zion:

the Lord who made heaven and earth.

Glory to God; Father, Son, and Holy Spirit:

as in the beginning, so now, and for ever. Amen.

*3 A silence, the *confession*, and word of assurance (see page 4) may be used here.

4 One or two *Psalms* or psalm-portions are said or sung, and a silence observed after each.

*5 This *prayer* may be said here or after the Intercessions at §9

Let us pray.

Lord Christ, eternal Word, who sent your disciples to proclaim the good news and to heal all sickness and infirmity: send your light and your truth that we may both know and proclaim your word of life, to the glory of God the Father; for you now live and reign, God for all eternity. *Amen.*

or, in Eastertide

Lord of all life, you are bringing us from darkness to light. from death to life, and from bondage to freedom by the resurrection of your only begotten Son: enlighten us likewise by the splendour of your Holy Spirit, and sanctify us wholly; through the same Jesus Christ your Son our Lord. *Amen.*

6 Two *Readings from the Bible* are read.

A silence is kept after the readings.

7 The *Canticle*, The Song of Mary, extolling God's plan of salvation (Luke 1.46-55) is said or sung

My soul proclaims the greatness of the Lord:

my spirit rejoices in God my saviour;

For he has looked with favour on his lowly servant:

from this day all generations will call me blessed;

The Almighty has done great things for me:

and holy is his name.

He has mercy on those who fear him:

in ev'ry generation.

(2 Timothy 1.2)

He has shown the strength of his arm:

he has scattered the proud in their conceit.

He has cast down the mighty from their thrones:

and has lifted up the lowly.

He has filled the hungry with good things:

and the rich he has sent away empty.

He has come to the help of his servant Israel:

for he has remembered his promise of mercy,

The promise he made to our fathers:

to Abraham and his children for ever.

Glory to God; Father, Son, and Holy Spirit:

as in the beginning, so now, and for ever. Amen.

8 The *Prayers*

[Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.]

Then are said the *Lord's Prayer* (page 46).

the *Collect* of the day.

and this *Evening Collect*

Be present, merciful God, and protect us through the hours of this night: that we, who are wearied by the changes and chances of this fleeting world, may rest on your eternal changelessness; through Jesus Christ our Lord. *Amen.*

*9 *Intercessions and Thanksgivings* may be made according to local custom and need: or the prayers on page 41 may be used.

They are followed by the prayer at §5 if it has not already been used there.

10 The minister says

[The Lord be with you.

And also with you.

Let us praise the Lord.

Thanks be to God.]

To God who is able to do far more abundantly than all we ask or think, to him be glory in the church and in Christ Jesus to all generations for ever and ever. *Amen.*

(Ephesians 3.21)

MONDAY MORNING

1 The minister reads this *Sentence*

v/ Arise, shine, for your light has come.

r/ And the glory of the Lord is risen upon us.

(Isaiah 60.1)

2 Then *Judith 16.13-15* is said or sung

I will sing a new hymn to my God:

O Lord you are great and marvellous, you are marvellous in your strength, invincible.

Let the whole creation serve you:

for you spoke and all things came to be;

You sent out your Spirit and it formed them:

no one can resist your voice.

Mountains and seas are stirred to their depths:

rocks melt like wax at your presence;

But to those who revere you:

you still show mercy.

Glory to God: Father, Son, and Holy Spirit:

as in the beginning, so now, and for ever. Amen.

3 Two *Psalms* or psalm-portions are said or sung, and a silence observed after each.

*4 This *prayer* may be said here or after the Intercessions at §9

Let us pray.

Lord our God, we pray you to drive away the darkness of our hearts; that we and all men may know you, the one eternal light and the one true God, blessed for evermore. *Amen*.

or, in Eastertide

Lord, our refuge and hope: help us to consecrate ourselves untiringly to your service with a deep love for you and for our brothers, until the day comes when we shall see the vision of your face in the kingdom of Jesus Christ your Son our Lord. *Amen*.

5 Two *Readings from the Bible* are read.

A silence is kept after the readings.

6 The *Canticle*, We Praise You, is said or sung

You are God we praise you:

you are the Lord and we acclaim you;

You are the eternal Father:

all creation worships you.

To you all angels, all the powers of heaven:

cherubim and seraphim sing in endless praise,

Holy, holy, holy Lord, God of power and might:

heaven and earth are full of your glory.

The glorious company of apostles praise you:

the noble fellowship of prophets praise you, the white-robed army of martyrs praise you.

Throughout the world the holy church acclaims you:

Father of majesty unbounded;

Your true and only Son worthy of all worship:

and the Holy Spirit advocate and guide.

You Christ are the King of glory:

the eternal Son of the Father.

When you became man to set us free:

you did not abhor the virgin's womb.

You overcame the sting of death:

and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory:

we believe that you shall come to be our judge.

Come then Lord and help your people:

bought with the price of your own blood;

And bring us with your saints:

to glory everlasting.

*7 The *Apostles' Creed* (page 46) may be said.

8 The *Prayers*

[Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.]

Then are said the *Lord's Prayer* (page 46),

the *Collect* for the day,

and this *Morning Collect*

Eternal God and Father, by whose power we are created and by whose love we are redeemed: guide and strengthen us by your Spirit, that we may give ourselves to your service, and live this day in love to one another and to you; through Jesus Christ your Son our Lord. *Amen*.

*9 *Intercessions and Thanksgivings* may be made according to local custom and need; or the prayers on page 41 may be used.

They are followed by the prayer at §4 if it has not already been used there.

10 The minister says

[The Lord be with you.

And also with you.

Let us praise the Lord.

Thanks be to God.]

May the God of hope fill us with all joy and peace in believing, so that by the power of the Holy Spirit we may abound in hope. *Amen*.

(Romans 15.13)

MONDAY EVENING

1 The minister reads this *Sentence*

v/ God's love has been poured into our hearts
r/ through the Holy Spirit who has been given to us.

(*Romans 5.5*)

2 Then *Psalm 93* is said or sung

The Lord is King, and has put on robes of glory:
the Lord has put on his glory, he has girded himself with strength.
He has made the world so firm:
that it cannot be moved.
Your throne is established from of old:
you are from everlasting.
The floods have lifted up, O Lord, the floods have lifted up their voice:
the floods lift up their pounding.
But mightier than the sound of many waters, mightier than the breakers
of the sea:
the Lord on high is mighty.
Your decrees are very sure:
and holiness, O Lord, adorns your house for ever.
Glory to God; Father, Son, and Holy Spirit:
as in the beginning, so now, and for ever. Amen.

*3 A silence, the *confession*, and word of assurance (see page 4) may be used here.

4 Two *Psalms* or psalm-portions are said or sung, and a silence observed after each.

*5 This *prayer* may be said here or after the Intercessions at §9

Let us pray.

Lord our God, receive the praise we offer you as our evening sacrifice;
make us to be a light for all the world, delivered by your goodness from
all the works of darkness; through Jesus Christ your Son our Lord.
Amen.

or, in Eastertide

Lord of life, we pray you to keep your servants in health of body and
soul; deliver us by the power of your resurrection from the sorrows of
this present life and give us your joy; for you live and reign with the
Father and the Holy Spirit, now and for ever. *Amen.*

6 Two *Readings from the Bible* are read.

A silence is kept after the readings.

7 The *Canticle*, the Song of Mary, extolling God's plan of salvation (Luke 1.46-55) is said
or sung

My soul proclaims the greatness of the Lord:
my spirit rejoices in God my saviour;
For he has looked with favour on his lowly servant:
from this day all generations will call me blessed;
The Almighty has done great things for me:
and holy is his name.
He has mercy on those who fear him:
in ev'ry generation.

He has shown the strength of his arm:
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones:
and has lifted up the lowly.
He has filled the hungry with good things:
and the rich he has sent away empty.
He has come to the help of his servant Israel:
for he has remembered his promise of mercy,
The promise he made to our fathers:
to Abraham and his children for ever.
Glory to God; Father, Son, and Holy Spirit:
as in the beginning, so now, and for ever. Amen.

8 The *Prayers*

[Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.]

Then are said the *Lord's Prayer* (page 46),
the *Collect* for the day,

and this *Evening Collect*

Be present, merciful God, and protect us through the hours of this night:
that we, who are wearied by the changes and chances of this fleeting world,
may rest on your eternal changelessness; through Jesus Christ our Lord.
Amen.

*9 *Intercessions and Thanksgivings* may be made according to local custom and need; or
the prayers on page 41 may be used.

They are followed by the prayer at §5 if it has not already been said there.

10 The minister says

[The Lord be with you.
And also with you.
Let us praise the Lord.
Thanks be to God.]

May the God of peace himself sanctify us wholly and may our spirit, soul,
and body be kept sound and blameless at the coming of our Lord Jesus
Christ. *Amen.*

(1 *Thessalonians 5.23*)

TUESDAY MORNING

1 The minister reads this *Sentence*

v/ We will proclaim the name of the Lord;
r/ ascribe greatness to our God.

(Deuteronomy 32.3)

2 Then *Psalm 96.1-6* is said or sung

O sing to the Lord a new song:
sing to the Lord all the earth.
Sing to the Lord and bless his name:
proclaim the good news of his salvation from day to day.
Declare his glory among the nations:
and his wonders among all peoples.
For great is the Lord and greatly to be praised:
he is more to be feared than all gods.
As for all the gods of the heathen they are mere idols:
it is the Lord who made the heavens.
Majesty and glory are before him:
beauty and power are in his sanctuary.
Glory to God; Father, Son, and Holy Spirit:
as in the beginning, so now, and for ever. Amen.

3 Two *Psalms* or *psalm-portions* are said or sung, and a silence observed after each.

*4 This *prayer* may be said here or after the *Intercessions* at §9

Let us pray.
Lord God, all our love is yours: increase in us your wonderful gifts and
strengthen us all to follow our victorious King, Jesus Christ, your Son
our Lord. Amen.

or, in Eastertide

Creator Lord, who reconciled us to yourself by the death and
resurrection of your Son, and made with us an eternal covenant: grant
that we may show in our lives what we profess with our lips, to your
glory; through Jesus Christ our Lord. Amen.

5 Two *Readings from the Bible* are read.

A silence is kept after the readings.

6 The *Canticle*, A Song of Creation (Song of the Three Young Men 35, 60-65), is said or
sung

Bless the Lord all created things:
sing his praise and exalt him for ever.
Bless the Lord all men on the earth:
sing his praise and exalt him for ever.
O people of God bless the Lord:
bless the Lord you priests of the Lord;
Bless the Lord you servants of the Lord:
sing his praise and exalt him for ever.

Bless the Lord all men of upright spirit:
bless the Lord you that are holy and humble in heart.
Bless the Father, the Son, and the Holy Spirit:
sing his praise and exalt him for ever.

*7 The *Apostles' Creed* (page 46) may be said.

8 The *Prayers*

[Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.]

Then are said the *Lord's Prayer* (page 46),

the *Collect* for the day,

and this *Morning Collect*

Eternal God and Father, by whose power we are created and by whose love
we are redeemed: guide and strengthen us by your Spirit, that we may give
ourselves to your service, and live this day in love to one another and to you;
through Jesus Christ our Lord. Amen.

*9 *Intercessions and Thanksgivings* may be made according to local custom and need; or
the prayers on page 41 may be used.

They are followed by the prayer at §4 if it has not already been used there.

10 The minister says

[The Lord be with you.
And also with you.
Let us praise the Lord.
Thanks be to God.]

May the Lord bless us and keep us; the Lord make his face to shine upon us;
the Lord lift up his countenance upon us and give us peace. Amen.

(Numbers 6.26)

TUESDAY EVENING

1 The minister reads this *Sentence*

v/ Grace to you and peace
r/ from God our Father and the Lord Jesus Christ.

(*Ephesians 1.2*)

2 Then *Psalm 96.7-13* is said or sung

Render to the Lord, you families of the nations:
render to the Lord glory and might.

Render to the Lord the honour due his name:
bring offerings and come into his courts.

O worship the Lord in the beauty of holiness:
let the whole earth dance in praise before him.

Say among the nations that the Lord is king:
it is he who has so ordered the world that it cannot be moved; and he
shall judge the peoples with equity.

Let the heavens rejoice and let the earth be glad:
let the sea roar, and all that fills it.

Let the fields rejoice, and everything in them:
then shall all the trees of the wood shout for joy before the Lord.

For he comes, he comes to judge the earth:
he shall judge the world with righteousness, and the peoples with his
truth.

Glory to God; Father, Son, and Holy Spirit:
as in the beginning, so now, and for ever. Amen.

*3 A silence, the *confession*, and word of assurance (see page 4) may be used here.

4 Two *Psalms* or psalm-portions are said or sung, and a silence is observed after each.

*5 This *prayer* may be said here or after the *Intercessions* at §9

Let us pray.

God our Father, who sent Jesus the Saviour into the world of sin, and
delivered him to death for us: kindle in our hearts the same love with
which Jesus the Lord loved his own to the end; for he now lives and
reigns with you and the Holy Spirit, God, now and for ever. *Amen*.

or, in Eastertide

Lord God, through your beloved Son you reconciled all things to
yourself, making peace by the blood of his cross: fill us and those for
whom we pray with your peace and joy; through the same Jesus Christ
our Lord. *Amen*.

6 Two *Readings from the Bible* are read.

A silence is kept after the readings.

7 The *Canticle*, The Song of the Three Young Men (28-34), is said or sung

Bless the Lord God of our fathers:
bless his holy and glorious name;
bless him in his holy and glorious temple:
sing his praise and exalt him for ever.

Bless him who beholds the depths:

bless him who sits between the cherubim;

bless him on the throne of his kingdom:

sing his praise and exalt him for ever.

Bless the Father, the Son, and the Holy Spirit;

sing his praise and exalt him for ever.

8 The *Prayers*

[Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.]

Then are said the *Lord's Prayer* (page 46),

the *Collect* of the day,

and this *Evening Collect*

Be present, merciful God, and protect us through the hours of this night:
that we, who are wearied by the changes and chances of this fleeting world,
may rest on your eternal changelessness; through Jesus Christ our Lord.
Amen.

*9 *Intercessions and Thanksgivings* may be made according to local custom and need; or
the prayers on page 41 may be used.

They are followed by the prayer at §5 if it has not already been said there.

10 The minister says

[The Lord be with you.

And also with you.

Let us praise the Lord.

Thanks be to God.]

May the Lord of peace himself give us peace at all times and in all ways.
Amen.

(2 *Thessalonians 3.16*)

WEDNESDAY MORNING

1 The minister reads this *Sentence*

v/ Through Christ let us offer up a sacrifice of praise to God,
r/ the fruit of lips that acknowledge his name.

(*Hebrews 13.15*)

2 Then *Tobit 13.1-4.6* is said or sung

Blessed is the Lord who lives for ever:
and blessed is his kingdom.

For he afflicts and he shows mercy:

he leads down to Hades and brings up again, and there is no one who
can escape his hand.

Acknowledge him before the nations, O sons of Israel:

for he has scattered us among them.

Make his greatness known there:

and exalt him in the presence of all the living;

because he is our Lord and God:

he is our Father for ever.

If you turn to him with all your heart and with all your soul:

to do what is true before him,

then he will turn to you:

and will not hide his face from you.

But see what he will do with you:

give thanks to him with your full voice.

Praise the Lord of righteousness:

and exalt the King of the ages. Amen.

3 Two *Psalms* or psalm-portions are said or sung, and a silence observed after each.

*4 This *prayer* may be said here or after the Intercessions at §9

Let us pray.

God our Father, we consecrate this day to your service; may all our
thoughts, words, and actions be well-pleasing to you and serve the good
of our brothers; through Jesus Christ our Lord. *Amen*.

or, in Eastertide

Lord God, who delivered us from the powers of darkness and brought us
into the kingdom of your beloved Son: strengthen us to live in this
world without belonging to it; through Jesus Christ our Lord. *Amen*.

5 Two *Readings from the Bible* are read.

A silence is kept after the readings.

6 The *Canticle*. The Song of Zechariah at the naming of John the Baptist (Luke 1.68-79).
is said or sung

Blessed be the Lord the God of Israel:

for he has come to his people and set them free.

He has raised up for us a mighty saviour:

born of the house of his servant David.

Through his holy prophets he promised of old:

that he would save us from our enemies, from the hand of all who
hate us.

He promised to show mercy to our fathers:

and to remember his holy covenant.

This was the oath he swore to our father Abraham:

to set us free from the hands of our enemies,

Free to worship him without fear:

holy and righteous in his sight all the days of our life.

You my child shall be called the prophet of the Most High:

for you will go before the Lord to prepare his way,

To give his people knowledge of salvation:

by the forgiveness of all their sins.

In the tender compassion of our God:

the dawn from on high shall break upon us,

To shine on those who dwell in darkness and the shadow of death:

and to guide our feet into the way of peace.

Glory to God; Father, Son, and Holy Spirit:

as in the beginning, so now, and for ever. Amen.

*7 The *Apostles' Creed* (page 46) may be said.

8 The *Prayers*

[Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.]

Then are said the *Lord's Prayer* (page 46),

the *Collect* for the day,

and this *Morning Collect*

Eternal God and Father, by whose power we are created and by whose love
we are redeemed: guide and strengthen us by your Spirit, that we may give
ourselves to your service, and live this day in love to one another and to you;
through Jesus Christ our Lord. *Amen*.

*9 *Intercessions and Thanksgivings* may be made according to local custom and need; or
the prayers on page 42 may be used.

They are followed by the prayer at §4 if it has not already been used there.

10 The minister says

[The Lord be with you.

And also with you.

Let us praise the Lord.

Thanks be to God.]

May the God of steadfastness and encouragement grant us to live in such
harmony with one another in accord with Christ Jesus, that we may with
one voice glorify our God and Father. *Amen*.

(*Romans 15.5f*)

WEDNESDAY EVENING

1 The minister reads this *Sentence*

v/ Seek the Lord while he may be found;
r/ call upon him while he is near.

(*Isaiah 55.6*)

2 Then *Psalm 67* is said or sung

Let God be gracious to us and bless us:
and make his face shine upon us.
That your ways may be known on earth:
your liberating power among all nations.
Let the peoples praise you, O God:
let all the peoples praise you.
Let the nations be glad and sing:
for you judge the peoples with integrity, and govern the nations upon
earth.
Let the peoples praise you, O God:
let all the peoples praise you.
Then the earth will yield its fruitfulness:
and God, our God, will bless us.
God shall bless us:
and all the ends of the earth will fear him.
Glory to God; Father, Son, and Holy Spirit:
as in the beginning, so now, and for ever. Amen.

*3 A silence, the *confession*, and word of assurance (see page 4) may be used here.

4 Two *Psalms* or psalm-portions are said or sung, and a silence is observed after each.

*5 This *prayer* may be said here or after the Intercessions at §9

Let us pray.
Creator Lord, you have driven away the darkness of ignorance by the
light of your Word: increase our faith and understanding, and grant
that no temptation may smother the love kindled in us by your Holy
Spirit's power; hear us, through Jesus Christ your Son our Lord. *Amen*.

or, in Eastertide

Lord, who conquered death on the cross, changed your people's sorrow
into joy, and gave your apostles commandment to proclaim your
resurrection: grant that in the power of the Holy Spirit everyone may
come to know the benefits of that death and resurrection, to the glory of
God the Father. *Amen*.

6 Two *Readings* from the Bible are read.

A silence is kept after the readings.

7 One of the following *Canticles* is said or sung.

The Song of Simeon on seeing the Infant Christ (Luke 2.29-32)

Lord, now let your servant go in peace:
your word has been fulfilled.
My own eyes have seen your salvation:
which you have prepared in the sight of every people;
a light to reveal you to the nations:
and the glory of your people Israel.
Glory to God; Father, Son, and Holy Spirit:
as in the beginning, so now, and for ever. Amen.

The Hymn to the Word (John 1.1-5,10-15)

In the beginning was the Word:
and the Word was with God,
and the Word was God:
he was in the beginning with God.
All things were made through him:
and without him was not anything made that was made.
In him was life:
and the life was the light of men.
The light shines in the darkness:
and the darkness has not overcome it.
He was in the world:
and the world was made through him, yet the world knew him not.
He came to his own home:
and his own people received him not.
But to all who received him who believed on his name:
he has given power to become children of God;
who were born not of blood nor of the will of the flesh nor of the will of man:
but of God.
And the Word became flesh:
and dwelt among us, full of grace and truth;
we have beheld his glory:
glory as of the only Son from the Father.
And from his fulness have we all received:
grace upon grace.
Glory to God; Father, Son, and Holy Spirit:
as in the beginning, so now, and for ever. Amen.

8 The *Prayers*

[Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.]

Then are said the *Lord's Prayer* (page 46).

the *Collect* of the day.

and this *Evening Collect*

Be present, merciful God, and protect us through the hours of this night:
that we, who are wearied by the changes and chances of this fleeting world,
may rest on your eternal changlessness; through Jesus Christ our Lord.
Amen.

*9 *Intercessions and Thanksgivings* may be made according to local custom and need; or the prayers on page 42 may be used.

They are followed by the prayer at §5 if it has not already been said there.

10 The minister says

[The Lord be with you.
And also with you.
Let us praise the Lord.
Thanks be to God.]

May our Lord Jesus Christ himself, and God our Father, comfort our hearts and establish them in every good word and work.

(2 *Thessalonians* 2.17f)

THURSDAY MORNING

1 The minister reads this *Sentence*

v/ To him who sits upon the throne and to the Lamb
r/ be blessing and honour and glory and might for ever and ever.

(*Revelation* 5.3)

2 Then *Ephesians* 1.2-6 is said or sung

Let us give thanks to the God and Father of our Lord Jesus Christ:
for he has blessed us in our union with Christ by giving us every
spiritual gift in the heavenly world.

Before the world was made:

God had already chosen us to be his in Christ,

So that we would be holy:

and without fault before him.

Because of his love:

God had already decided that through Christ Jesus

He would bring us to himself as sons:

this was his pleasure and his purpose.

Let us praise God for his glorious grace:

for the free gift he gave us in his dear Son.

Glory to God; Father, Son, and Holy Spirit:

as in the beginning, so now, and for ever. Amen.

3 Two *Psalms* or psalm-portions are said or sung, and a silence observed after each.

*3 This *prayer* may be said here or after the *Intercessions* at §9

Let us pray.

Lord God, by your Holy Spirit you enlighten the darkness of ignorance and sin: shed his light into our hearts and bind us wholly to your service: through Jesus Christ our Lord. *Amen*.

or, in Eastertide

Lord God, who wonderfully created us and even more wonderfully restored our humanity: strengthen us by your Holy Spirit to triumph over suffering and death, and grant us eternal joy; through Jesus Christ our Lord. *Amen*.

5 Two *Readings from the Bible* are read.

A silence is kept after the readings.

6 One of the following *Canticles* is said or sung.

The Song of the Angels

Glory to God in the highest,
and peace to his people on earth.

Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us.

you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,

Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

A Song of Isaiah (12.2-6)

'Behold God is my salvation:

I will trust and will not be afraid;
for the Lord God is my strength and my song:
and he has become my salvation.'

With joy you will draw water from the wells of salvation:
and you will say in that day,

'Give thanks to the Lord, call upon his name:
make known his deeds among the nations, proclaim that his name
is exalted.

Sing praises to the Lord for he has done gloriously:
let this be known in all the earth.

Shout and sing for joy O inhabitants of Jerusalem:
for great in your midst is the Holy One of Israel.'

Glory to God: Father, Son, and Holy Spirit:
as in the beginning, so now, and for ever. Amen.

*7 The *Apostles' Creed* (page 46) may be said.

8 The *Prayers*

[Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.]

Then are said the *Lord's Prayer* (page 46),

the *Collect* for the day,

and this *Morning Collect*

Eternal God and Father, by whose power we are created and by whose love
we are redeemed: guide and strengthen us by your Spirit, that we may give
ourselves to your service, and live this day in love to one another and to you;
through Jesus Christ our Lord. *Amen*.

*9 *Intercessions and Thanksgivings* may be made according to local custom and need; or
the prayers on page 42 may be used.

They are followed by the prayer at §4 if it has not already been used there.

10 The minister says

[The Lord be with you.
And also with you.
Let us praise the Lord.
Thanks be to God.]

May the God of peace equip us with everything good so that we may do his
will; and may he work in us that which is pleasing in his sight; through
Jesus Christ, to whom be glory for ever. *Amen*.

(*Hebrews 13.21*)

THURSDAY EVENING

1 The minister reads this *Sentence*

v/ The Lord our God the Almighty reigns.

r/ Let us rejoice and exult and give him the glory.

(*Revelation 19.6f*)

2 Then *Psalms* 100 is said or sung

O shout to the Lord in triumph, all the earth:

serve the Lord with gladness, and come before his face with songs of joy.

Know that the Lord, he is God:

it is he who has made us and we are his; we are his people and the sheep of his pasture.

Come into his gates with thanksgiving, and into his courts with praise:

give thanks to him, and bless his holy name.

For the Lord is good, his loving mercy is for ever:

his faithfulness throughout all generations.

Glory to God: Father, Son, and Holy Spirit:

as in the beginning, so now, and for ever. Amen.

*3 A silence, the *confession*, and the word of assurance (see page 4) may be used here.

4 Two *Psalms* or psalm-portions are said or sung, and a silence is observed after each.

*5 This *prayer* may be said here or after the Intercessions at §9

Let us pray.

Lord God, we thank you for all your gifts to us: grant us to accept both pain and joy in faith and hope, and never to fail in love to you and to our fellow-men; through Jesus Christ your Son our Lord. *Amen*.

or in Eastertide

Holy Spirit, Lord of all life, comfort us and give us peace when we call to you: turn the anxiety of sin into the joy of forgiveness, and bring all men to acknowledge Jesus Christ as Lord. *Amen*.

6 Two *Readings from the Bible* are read.

A silence is kept after the readings.

7 The *Canticle*, The Song of Christ's Glory (Philippians 2.6.11), is said or sung

Christ Jesus was in the form of God:

but he did not cling to equality with God.

He emptied himself taking the form of a servant:

and was born in the likeness of men:

And being found in human form he humbled himself:

and became obedient unto death even death on a cross.

Therefore God has highly exalted him:

and bestowed on him the Name above every name,

That at the name of Jesus every knee should bow:

in heaven and on earth and under the earth;

And every tongue confess that Jesus Christ is Lord:

to the glory of God the Father.

Glory to God: Father, Son, and Holy Spirit:

as in the beginning, so now, and for ever. Amen.

8 The *Prayers*

[Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.]

Then are said the *Lord's Prayer* (page 46).

the *Collect* of the day.

and this *Evening Collect*.

Be present, merciful God, and protect us through the hours of this night: that we, who are wearied by the changes and chances of this fleeting world, may rest on your eternal changlessness; through Jesus Christ our Lord. *Amen*.

*9 *Intercessions and Thanksgivings* may be made according to local custom and need: or the prayers on page 43 may be used.

They are followed by the prayer at §5 if it has not already been said there.

10 The minister says

[The Lord be with you.

And also with you.

Let us praise the Lord.

Thanks be to God.]

The grace of our Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with us all.

(2 *Corinthians 13.14*)

FRIDAY MORNING

1 The minister reads this *Sentence*

v/ Through Christ let us offer up a sacrifice of praise to God,
r/ the fruits of lips that acknowledge his name.

(*Hebrews 13.14*)

2 Then *Hebrews 10.19-22* is said or sung

We have complete freedom:

to go into the Most Holy Place by means of the death of Jesus.

He opened for us a new way, a living way:

through the curtain, through his own body.

We have a great High Priest in charge of the house of God:

let us come near to God then with a sincere heart and sure faith,

With hearts that have been made clean from a guilty conscience:

and bodies washed with pure water.

Glory to God; Father, Son, and Holy Spirit:

as in the beginning, so now, and for ever. Amen.

3 Two *Psalms* or psalm-portions are said or sung, and a silence observed after each.

*4 This *prayer* may be said here or after the *Intercessions* at §9

Let us pray.

We pray for your church, Lord; deliver it from all evil, perfect it in your love, and by the power of your Holy Spirit gather us and all men into your kingdom; through Jesus Christ your Son our Lord. *Amen*.

or, in Eastertide

Creator Spirit, Advocate promised by our Lord Jesus: increase our faith and help us to walk in the light of your presence, to the glory of God the Father; through Jesus Christ our Lord. *Amen*.

5 Two *Readings from the Bible* are read.

A silence is kept after the readings.

6 The *Canticle*, Saviour of the World, is said or sung

Jesus Saviour of the world come to us in your mercy:

we look to you to save and help us.

By your cross and your life laid down you set your people free:

we look to you to save and help us.

When they were ready to perish you saved your disciples:

we look to you to come to our help.

In the greatness of your mercy loose us from our chains:

forgive the sins of all your people.

Make yourself known as our Saviour and mighty Deliverer:

save and help us that we may praise you.

Come now and dwell with us Lord Christ Jesus:

hear our prayer and be with us always.

And when you come in your glory:

Make us to be one with you and to share the life of your kingdom.

*7 The *Apostles' Creed* (page 46) may be said.

8 The Prayers

[Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.]

Then are said the *Lord's Prayer* (page 46),

the *Collect* of the day,

and this *Morning Collect*

Eternal God and Father, by whose power we are created and by whose love we are redeemed: guide and strengthen us by your Spirit, that we may give ourselves to your service, and live this day in love to one another and to you; through Jesus Christ our Lord. *Amen*.

*9 *Intercessions and Thanksgivings* may be made according to local custom and need; or the prayers on page 43 may be used.

They are followed by the prayer at §4 if it has not already been used there.

10 The minister says

[The Lord be with you.

And also with you.

Let us praise the Lord.

Thanks be to God.]

Peace be to us all, and love with faith, from God the Father and the Lord Jesus Christ. *Amen*.

(*Ephesians 6.23*)

FRIDAY EVENING

1 The minister reads this *Sentence*

v/ Peace to those who are far off.

r/ Peace to those who are near!

(*Ephesians 2.17*)

2 Then *Ephesians 2.4-7* is said or sung

God who is rich in mercy:

out of the great love with which he loved us,

Even when we were dead through our trespasses:

made us alive together with Christ,

And raised us up with him:

and made us sit with him in the heavenly places in Christ Jesus,

That he might show the immeasurable riches of his grace:

in kindness towards us in Christ Jesus.

Glory to God; Father, Son, and Holy Spirit:

as in the beginning, so now, and for ever. *Amen*.

*3 A silence, the *confession*, and word of assurance (see page 4) may be used here.

4 Two *Psalms* or psalm-portions are said or sung, and a silence observed after each.

*5 This *prayer* may be said here or after the *Intercessions* at §9

Let us pray.

Lord our God, our Creator, Redeemer, and Sanctifier: we ask you to cleanse us from all hypocrisy, to unite us to our fellow men by the bonds of peace and love, and to confirm us in holiness; now and for ever. *Amen*.

or, in Eastertide

Saviour God, whose purpose it was from all eternity to save mankind: complete your work in the world; raise up the fallen, give new life to the weary, and bring all things to harmony and perfection in the kingdom of your Son Jesus Christ our Lord. *Amen*.

6 Two *Readings from the Bible* are read.

A silence is kept after the readings.

7 The *Canticle*, A Song to the Lamb (*Revelation 4.11; 5.9b-10*), is said or sung

Glory and honour and power:

are yours by right O Lord our God;

For you created all things;

and by your will they have their being.

Glory and honour and power:

are yours by right O Lamb that was slain;

For by your blood you ransomed men for God:

from every race and language, from every people and nation;

To make them a kingdom of priests:

to stand and serve before our God.

To him who sits upon the throne and to the Lamb:

be praise and honour, glory and might, for ever and ever. *Amen*.

8 The Prayers

[Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.]

Then are said the *Lord's Prayer* (page 46),

the *Collect* of the day,

and this *Evening Collect*

Be present, merciful God, and protect us through the hours of this night: that we, who are wearied by the changes and chances of this fleeting world may rest on your eternal changlessness; through Jesus Christ our Lord. *Amen*.

*9 *Intercessions and Thanksgivings* may be made according to local custom and need; or the prayers on page 43 may be used.

They are followed by the prayer at §5 if it has not already been used there.

10 The minister says

[The Lord be with you.

And also with you.

Let us praise the Lord.

Thanks be to God.]

May the God of all grace, who has called us to his eternal glory in Christ, himself restore, establish, strengthen us. To him be the dominion for ever and ever. *Amen*.

(1 *Peter 5.10f*)

SATURDAY MORNING

1 The minister reads this *Sentence*

v/ God has shone in our hearts,
r/ to give the light of the knowledge of the glory of God in the face of
Jesus Christ.

(2 Corinthians 4.6)

2 Then *Psalm 150* is said or sung

O praise God in his sanctuary:
praise him in the firmament of his power.
Praise him for his mighty acts:
praise him according to his abundant greatness.
Praise him in the blast of the ram's horns:
praise him upon the lute and harp.
Praise him with the timbrel and dances:
praise him upon the strings and pipe.
Praise him on the high-sounding cymbals:
praise him upon the loud cymbals.
Let everything that has breath:
praise the Lord. O praise the Lord.
Glory to God: Father, Son, and Holy Spirit:
as in the beginning, so now, and for ever. *Amen*.

3 Two *Psalms* or psalm-portions are said or sung, and a silence observed after each.

*4 This *prayer* may be said here or after the *Intercessions* at §9

Let us pray.

Creator God, whose praise and power is proclaimed by the whole
creation: we pray you to receive our morning hymn and to renew us in
your service; through Jesus Christ our Lord. *Amen*.

or, in Eastertide

Christ Jesus, triumphant King and our only hope: grant to us and to
those for whom we pray, forgiveness of our sins, deliverance from all
that afflicts us, and entrance into your eternal kingdom; that we may
praise you with the Father and the Holy Spirit now and for ever. *Amen*.

5 Two *Readings from the Bible* are read.

A silence is kept after the readings.

6 The *Canticle*, The Song of the Lamb (Revelation 15.3-4), is said or sung

Great and wonderful are your deeds Lord God the Almighty:
just and true are your ways O King of the nations.
Who shall not revere and praise your name, O Lord? :
for you alone are holy.
All nations shall come and worship in your presence:
for your just dealings have been revealed.
To him who sits on the throne and to the Lamb:
be praise and honour glory and might, for ever and ever.
Amen.

*7 The *Apostles' Creed* (page 46) may be said.

8 The Prayers

[Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.]

Then are said the *Lord's Prayer* (page 46),

the *Collect* of the day,

and this *Morning Collect*

Eternal God and Father, by whose power we are created and by whose love
we are redeemed: guide and strengthen us by your Spirit, that we may give
ourselves to your service, and live this day in love to one another and to you;
through Jesus Christ our Lord. *Amen*.

*9 *Intercessions and Thanksgivings* may be made according to local custom and need: or
the prayers on page 44 may be used.

They are followed by the prayer at §4 if it has not already been used there.

10 The minister says

[The Lord be with you.
And also with you.
Let us praise the Lord.
Thanks be to God.]

May the peace of God which passes all understanding keep our hearts and
thoughts in Christ Jesus. *Amen*.

(*Philippians 4.7*)

SATURDAY EVENING

1 The minister reads this *Sentence*

v/ Sing to the Lord, sing praise to him;
r/ tell all the wonderful things he has done.

(*Psalms 105.2*)

2 Then *Psalms 23* is said or sung

The Lord is my shepherd:
therefore can I lack nothing.
He will make me lie down in green pastures:
and lead me beside still waters.
He will refresh my soul:
and guide me in right pathways for his name's sake.
Though I walk through the darkest valley, I will fear no evil:
for you are with me, your rod and your staff comfort me.
You spread a table before me in the face of those who trouble me:
you have anointed my head with oil, and my cup will be full.
Surely your goodness and loving kindness will follow me all the days of my
life:
and I shall dwell in the house of the Lord for ever.
Glory to God; Father, Son, and Holy Spirit:
as in the beginning, so now, and for ever. Amen.

*3 A silence, the *confession*, and word of assurance (see page 4) may be used here.

4 Two *Psalms* or psalm-portions are said or sung, and a silence is observed after each.

*5 This *prayer* may be used here or after the Intercessions at §9.
Let us pray.

Lord God, grant us your peace, love, and aid: help us to love one
another in the power of the Holy Spirit, and to attain to the unity of the
Trinity; through Jesus Christ your Son our Lord. Amen.

or, in Eastertide

God of light and glory; we pray that the light of your glory may shine
on us and that we may be truly thankful for all your blessings; through
Jesus Christ your Son our Lord. Amen.

6 Two *Readings from the Bible* are read.

A silence is kept after the readings.

7 The *Canticle*, Christ our Passover (1 Corinthians 5.7; Romans 6.9; 1 Corinthians 15.20),
is said or sung.

Christ our passover has been sacrificed for us:
so let us celebrate the feast,
Not with the old leaven of corruption and wickedness:
but with the unleavened bread of sincerity and truth.
Christ once raised from the dead dies no more:
death has no more dominion over him.

In dying he died to sin once for all:
in living he lives to God.

See yourselves therefore as dead to sin:
and alive to God in Jesus Christ our Lord.

Christ has been raised from the dead:
the firstfruits of those who sleep.

For as by man came death:
by man has come also the resurrection from the dead;

For as in Adam all die:
even so in Christ shall all be made alive.

Glory to God; Father, Son, and Holy Spirit:
as in the beginning, so now, and for ever. Amen.

8 The *Prayers*

[Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.]

Then are said the *Lord's Prayer* (page 46),

the *Collect* of the day,

and this *Evening Collect*

Be present, merciful God, and protect us through the hours of this night:
that we, who are wearied by the changes and chances of this fleeting world
may rest on your eternal changelessness; through Jesus Christ our Lord.
Amen.

*9 *Intercessions and Thanksgivings* may be made according to local custom and need; or
the prayers on page 44 may be used.

They are followed by the prayer at §5 if it has not already been used there.

10 The minister says

[The Lord be with you.
And also with you.
Let us praise the Lord.
Thanks be to God.]

May the God of peace, who brought again from the dead our Lord Jesus,
equip us with everything good that we may do his will, to him be glory for
ever. Amen.

(*Hebrews 13.10*)

PRAYER AT THE END OF THE DAY

1 The minister says
The Lord almighty grant us a quiet night and a perfect end.
Amen.

*2 When the *Confession* is not said at Evening Prayer, it is said here.

It may be preceded by a silence for self-examination.

The forms provided for Evening Prayer in SSR, or the form provided on page 4, may be used, or the following

Lord Jesus, who came to call sinners to repentance,
Have mercy on us.

Lord Jesus, sent to heal those who are burdened in soul
Have mercy on us.

Lord Jesus, now seated at the Father's right hand to intercede for us,
Have mercy on us.

3 Then the minister says
Our help is in the name of the Lord,
Who made heaven and earth.

and all say together
*Glory to God; Father, Son, and Holy Spirit:
as in the beginning, so now, and for ever. Praise the Lord!*

*4 This *Hymn*, or another, may be sung here

O Trinity, most blessed Light,
O Unity of sovereign might,
As now the fiery sun departs
O shed your beams within our hearts.

To you our morning song of praise,
To you our evening prayer we raise;
You may our heart and voice adore
For ever and for evermore.

To God the Father, God the Son,
And God the Spirit, Three in One,
Laud, honour, might, and glory be
From age to age eternally. *Amen.*

5 One or more of the following *Psalms* is said or sung.

Psalms 4

Answer me when I call, O God of my righteousness:
when I was hard-pressed you set me free; be gracious to me now and
hear my prayer.
Sons of men, how long will you turn my glory to my shame? :
how long will you love what is worthless and seek after lies?
Know that the Lord has shown me a wonderful kindness:
when I call to the Lord he will hear me.
Tremble, and do not sin:
commune with your own heart upon your bed and be still.
Offer sacrifices that are right:
and put your trust in the Lord.
There are many who say 'Who will show us any good? :
the light of your countenance, O Lord, has gone from us.'
Yet you have given my heart more gladness:
than they have when their corn, wine and oil increase.
In peace I will lie down and sleep:
for you alone, Lord, make me dwell in safety.
Glory to God; Father, Son, and Holy Spirit:
as in the beginning, so now, and for ever. *Amen.*

Psalms 91

He who dwells in the shelter of the Most High:
who abides under the shadow of the Almighty,
He will say to the Lord, 'You are my refuge and my stronghold:
my God in whom I trust.'
For he will deliver you from the snare of the hunter:
and from the destroying curse.
He will cover you with his wings, and you will be safe under his feathers:
his faithfulness will be your shield and defence.
You shall not be afraid of any terror by night:
or of the arrow that flies by day,
Of the pestilence that walks about in darkness:
or the plague that destroys at noonday.
A thousand may fall beside you, and ten thousand at your right hand:
but you it shall not touch;
Your own eyes shall see:
and look on the reward of the ungodly.
The Lord himself is your refuge:
you have made the Most High your stronghold.
Therefore no harm will befall you:
nor will any scourge come near your tent.
For he will command his angels:
to keep you in all your ways.
They will bear you up in their hands:
lest you dash your foot against a stone.
You will tread on the lion and the adder:
the young lion and the serpent you will trample under foot.

'He has set his love upon me, and therefore I will deliver him:
 I will lift him out of danger, because he has known my name.
 'When he calls upon me I will answer him:
 I will be with him in trouble, I will rescue him and bring him to honour.
 'With long life I will satisfy him:
 and fill him with my salvation.'
 Glory to God; Father, Son, and Holy Spirit:
 as in the beginning, so now, and for ever. Amen.

Psalms 134

Come bless the Lord, all you servants of the Lord:
 you who by night stand in the house of our God.
 Lift up your hands towards the holy place:
 and bless the Lord.
 May the Lord bless you from Zion:
 the Lord who made heaven and earth.
 Glory to God; Father, Son, and Holy Spirit:
 as in the beginning, so now, and for ever. Amen.

The following arrangement of psalms is also suitable:
 Mondays, 86; Tuesdays, 143.1-11; Wednesdays, 31.1-6 and 130; Thursdays, 16;
 Fridays, 88; Saturdays, 4 and 134; and Sundays, 91.

6 The following, or some other *Reading from the Bible* is read

Sundays

The servants of the Lamb shall see his face, and his name shall be on their foreheads. And night shall be no more; they need no light of lamp or sun, for the Lord God will be their light, and they shall reign for ever and ever.

(*Revelation 22.4-5*)

Mondays

God has not destined us for wrath, but to obtain salvation through our Lord Jesus Christ, who died for us so that whether we wake or sleep we might live with him.

(*1 Thessalonians 5.9-10*)

Tuesdays

Be sober, be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. Resist him, be firm in your faith, knowing that the same experience of suffering is required of your brotherhood throughout the world.

(*1 Peter 5.8-9*)

Wednesdays

Be angry but do not sin: do not let the sun go down on your anger, and give no opportunity to the devil.

(*Ephesians 4.26-27*)

Thursdays

May the God of peace himself sanctify you wholly; and may your spirit and soul and body be kept sound and blameless at the coming of our Lord Jesus Christ.

(*1 Thessalonians 5.23*)

Fridays

You, O Lord, are in the midst of us, and we are called by your name; leave us not.

(*Jeremiah 14.9*)

Saturdays

Hear, O Israel: The Lord our God is one Lord; and you shall love the Lord your God with all your heart, and with all your soul, and with all your might. And these words which I command you this day shall be upon your heart; and you shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

(*Deuteronomy 6.4-7*)

*After the reading, the following may be said or sung

Into your hands, Lord, I commend my spirit. [*Alleluia, alleluia.*]
 Into your hands, Lord, I commend my spirit. [*Alleluia, alleluia.*]
 You have redeemed us, Lord, God of truth.
 I commend my spirit. [*Alleluia, alleluia.*]
 Glory to God; Father, Son, and Holy Spirit.
 Into your hands, Lord, I commend my spirit. [*Alleluia, alleluia.*]

7 Then the *Song of Simeon* (Luke 2.29f) is said or sung

Save us, Lord, while we are awake; protect us while we are asleep;
 that we may keep watch with Christ and rest with him in peace.

Lord, now let your servant go in peace:
 your word has been fulfilled.

My own eyes have seen the salvation:
 which you have prepared in the sight of every people;
 A light to reveal you to the nations:
 and the glory of your people Israel.

Glory to God; Father, Son, and Holy Spirit:
 as in the beginning, so now, and for ever. Amen.

[Save us, Lord, while we are awake; protect us while we are asleep;
 that we may keep watch with Christ and rest with him in peace.]

*8 *Intercessions* may follow here according to need and local custom.

9 The service ends with one or more of the following *prayers*

In your mercy, Lord,
 dispel the darkness of this night.
 Let your household so sleep in peace
 that at the dawn of a new day
 they may with joy waken in your name;
 through Christ our Lord. *Amen.*

This prayer may be used if it has not been used at Evening Prayer
Lighten our darkness, Lord, we pray: and in your great mercy defend us
from all perils and dangers of this night; for the love of your only Son our
Saviour Jesus Christ. *Amen.*

Lord, be the guest of this *house*,
to keep far from it all the deceits of the evil one.
May your holy angels make their home here
as guardians of our peace.
And may your blessing be always upon us,
through Jesus Christ our Lord. *Amen.*

Suitable on Sundays

God our Father,
as we have celebrated today the mystery of the Lord's resurrection,
grant our humble prayer;
free us from all harm,
that we may sleep in peace
and rise in joy to sing your praise;
through Christ our Lord. *Amen.*

Suitable on Saturdays

Come to visit us, Lord, this night,
so that by your strength we may rise at daybreak
to rejoice in the resurrection of Christ your Son,
who lives and reigns for ever and ever. *Amen.*

or this

As watchmen wait for the dawn,
so we wait eagerly for you, O Lord.
Come with the dawn of the day
and make yourself known to us through the breaking of the bread,
for you are our God for ever and ever. *Amen.*

9 The minister may conclude the service by saying

Let us praise the Father, the Son, and the Holy Spirit;
Let us praise and magnify him for ever.
The almighty and merciful God preserve us and give us his blessing.
Amen.

INTERCESSIONS

Sundays

The General Thanksgiving and the Prayer for all people, see SSR pages 14,15.

Mondays

Almighty God,
Maker of all things and Father of all men,
you have shown us in Christ the purpose of your creation and called us to
responsible service in the world:

We give thanks†

for the order of created things
for the resources of the earth
for the gift of human life . . .
for your continuing work of creation
for man's share in your creative purpose
for your gifts of creative vision and inventive skill
for your faithfulness to man in patience and love
for every human response of obedience and humble achievement . . .

We pray for your world

all nations . . .
our own country . . .
those in authority . . .
the peace of the world . . .
racial harmony . . .
and the reconciliation of all who are at enmity . . .

May we delight in your purpose,
and work to bring all things to their true end;
through Jesus Christ our Lord. *Amen.*

Tuesdays

God our Father,
you gave your Son Jesus Christ

to share our common life
to grow in wisdom
to work with his hands
and to make known the ways of your kingdom:

† A selection of the topics listed should be used, which may be supplemented at need.

We give thanks

for his revelation of yourself
for his care and acceptance of people
for his joy in obedience . . .
for the value he gave to human work
for the strength he promised us in serving others
for the call to follow in his way . . .
for all opportunities of work and leisure
for all the truth we have learned
for all the discoveries man has made . . .

We pray for our human society

those who work . . .
the unemployed . . .
those who teach and those who learn . . .
research workers . . .
communicators . . .
those who maintain the life of our society . . .

Give us reverence for the truth,
and such wisdom in the use of the knowledge you give us
that your kingdom may go forward and your Name glorified;
through Jesus Christ our Lord. *Amen.*

Wednesdays

Holy Father,
you have reconciled us to yourself in Christ;
and by your Holy Spirit you enable us to be your children:
We give thanks

for Christ your obedient Son
for his bearing of the sin of the world in his own body
on the cross
for his victory over evil and suffering and death . . .
for the joy and wonder of human love and friendship
for the lives to which our own are bound
for the gift of peace with you and with one another . . .
for the communities in whose life we share
for all human relationships in which reconciliation is experienced . . .

We pray for our families and friends

home and family life . . .
children who have no home . . .
friends and relations . . .
neighbours . . .
those we meet in our daily life and work . . .
those from whom we are estranged . . .

Help us to share in the obedience of your Son,
that we may love and serve one another in your peace;
through the same Jesus Christ our Lord,
who in the unity of the Holy Spirit is one with you for ever.
Amen.

Thursdays

Eternal God,
you raised Jesus our Lord from death and gave him glory,
and through him you called your church into being
that your people might know you, and that they might make your
Name known:

We give thanks

for the Gospel committed to your church for the whole world
for the continuing presence and power of the Holy Spirit
for the ministry of word, sacrament, and prayer . . .
for the mission you have called us to share
for the call to unity and its fruit in common action
for the faithful witness of those who follow our Lord . . .
for all works of Christian compassion
for every service which proclaims your love . . .

We pray for the church

universal and local . . .
the ministries of the church . . .
the mission of the church . . .
the renewal of the church . . .
our fellow-Christians in this place . . .

In peace and unity may your people offer you the unfailing sacrifice
of praise,
that the whole world may know your will,
and all nations know your salvation and your glory;
through Jesus Christ our Lord. *Amen.*

Fridays

Gracious Lord and Father,
you have given us in Christ a merciful Saviour
to present to you the world in all its need:
We give thanks

for the cross of Christ at the heart of creation
for the presence of Christ in our weakness and in our strength
for the power of Christ to transform our suffering . . .
for all ministries of healing
for all agencies of relief
for everything and everyone who set men free from fear, pain, and distress . . .
for the assurance that your mercy knows no limit
for the privilege of sharing your work of renewal through prayer, suffering, and joy . . .

We pray for all who suffer . . .

the hungry, refugees . . .
prisoners, the persecuted . . .
the workless, the homeless . . .
agents of sin and suffering . . .
all who try to bring relief and care to those in need . . .

In darkness and light, in trouble and in joy,
help us to trust your love, to serve your purpose, and to
praise your holy Name;
through Jesus Christ our Lord. *Amen.*

Saturdays

Eternal God,
who declared in Jesus Christ the completion of all your purposes of love:
We give thanks

for the triumphs of the Gospel that herald your salvation
for the signs of renewal that declare the coming of your kingdom
for the revelation of the work of your grace in human lives . . .
for the unceasing praise of the company of heaven
for the promise to those who mourn that all tears will be wiped away
for the pledge of death destroyed and victory won . . .
for our foretaste of eternal life through baptism and the holy communion
for our hope in the Spirit
for the communion of saints
for all who rest in Christ . . .

We pray for the sick

those in pain . . .
the handicapped, the aged . . .
those who are tempted and despairing . . .
those who minister to them and care for them . . .
those who mourn . . .

May we live by faith, walk in hope, and be renewed in love,
until the whole world reflects your glory, and you are all in all.
Even so, come, Lord Jesus. *Amen.*

The Collect for Advent Sunday

Almighty God, give us grace that we may cast off the works of darkness and put on the armour of light, now in the time of this mortal life in which your Son Jesus Christ came among us in great humility; that on the last day, when he comes again in his glorious majesty to judge the living and the dead, we may rise to the life immortal; through him who lives and reigns with you and the Holy Spirit, now and for ever. *Amen.*

The Collect for the Sixth Sunday after the Epiphany

Almighty Father, whose blessed Son was revealed so that he might destroy the works of the devil and make us the children of God and heirs of eternal life: grant that having this hope we may purify ourselves as he is pure; that, when he shall appear again with power and great glory, we may be made like him in his eternal and glorious kingdom, where with you, Father, and with the Holy Spirit, he lives and reigns, one God, for evermore. *Amen.*

The Collect for Ash Wednesday

Almighty and everlasting God, you hate nothing that you have made, and you forgive the sins of all who are penitent: create and make in us new and contrite hearts, that we, lamenting our sins and acknowledging our wretchedness, may obtain from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. *Amen.*

The Collect for the Twelfth Sunday after Trinity

Almighty and everlasting God, you are always more ready to hear than we to pray, and constantly give more than either we desire or deserve: pour down on us the abundance of your mercy, forgiving us those things of which our conscience is afraid, and giving us those good things which we are not worthy to ask, except through the merits and mediation of Jesus Christ your Son our Lord. *Amen.*

The Lord's Prayer

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.

For yours is the kingdom, the power and the glory,
for ever and ever. Amen.

The Apostles' Creed

I believe in God, the Father Almighty,
maker of heaven and earth;
and in Jesus Christ, his only Son our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried.
He descended into hell.
The third day he rose again from the dead,
He ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he shall come to judge the living and the dead.
I believe in the Holy Spirit;
the holy catholic church;
the communion of saints;
the forgiveness of sins;
the resurrection of the body,
and the life everlasting. Amen.